

## Spirit of the Games



### Respect is ....

1. Being polite, not shouting or losing my temper.
2. Shaking hands with the other players and thanking them for the game.
3. Listening to the coach/teacher.

Passion is ....

1. Being positive and enjoying the game/activity.
2. Trying my best.
3. Keep trying if I don't get it right.



### Honesty is ....

1. Always telling the truth.
2. Never cheating.
3. Admitting when I am wrong.



### Team work is ....

1. Working with my team, not being selfish.
2. Let everyone have a go, passing the ball and giving everyone a chance to take part.
3. Showing team spirit – encouraging my team mates and saying well done.

### Self-belief is ....

1. Being brave, taking on new challenges.
2. Being confident.
3. Trying new sports or activities.

